

NORTH QUEEN'S NURSING HOME
Winter Menu Cycle – 2017/18

Cycle: 3 January 8th – 14th, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Cranberry Juice Oatmeal Scrambled/ Boiled Eggs Pancakes Cheese Bananas	Apple Juice Cream of Wheat Scrambled/ Boiled Eggs Toast Yogurt Mandarins	Orange Juice Cornmeal Scrambled/ Boiled Eggs Toast Bananas	Peach Juice Oatmeal Scrambled/ Boiled Eggs Waffles Cheese Mandarins	Apple Juice Cream of Wheat Scrambled/ Boiled Eggs Toast Pears	Cranberry Juice Cornmeal Scrambled/ Boiled Eggs Toast Yogurt Mandarins	Orange Juice Oatmeal Scrambled Eggs Fried Eggs Toast Bacon Bananas
L U N C H	Baked Chicken Mashed Potatoes Mixed Vegetables Pineapple	Teriyaki Pork Chops Curried Rice Mixed Vegetables Mousse	Meatloaf Mashed Potatoes Squash Spinach Jell-O Whip	Salmon Mashed Potatoes PEI Mixed Veg Ice Cream	Hot Turkey Sandwich Mashed Potato Peas Applesauce	Baked Beans Wieners Hash Browns Brown Bread Pudding	Roast Beef Gravy Mashed Potato Corn & Peas Strawberry Rhubarb/ Apple Pie
2PM snack	Fruit Cups (Puree Fruit)	Mini Muffins (Slurry Muffin)	Assorted Cookies and Cereal Bars	Crackers & Peanut Butter (Pudding)	Mini Muffins (Slurry Muffin)	Fruit Cups (Puree Fruit)	Ice Cream Bars
S U P P E R	Pizza Casserole Garlic Bread Tarts	Homemade Soup Homemade Bread Cake	Monte Cristo Sandwiches Pickles Cookies	Chicken Noodle Casserole Loaves	Vegetable Chowder Biscuits Fruit Crisp	Fish Sticks French Fries Cupcakes	Soup & Assorted Sandwiches Squares
HS snack	Toast with Peanut Butter	Cereal & Milk	Cheese & Crackers (Applesauce)	Yogurt Cups	Pudding Cups	Cheese & Crackers (Applesauce)	Mini Muffins (Slurry Muffins)

Menu may change due to availability of products.